

# Healthy Eating and Physical Activity Forum

Examining the policy and strategy context from national to local level

**Friday 28 May, 2010**

**9.45am- 3.30pm (9.15 am Registration)**

**Melbourne Sports and Aquatic Centre  
(MSAC) Albert Park**



Facilitated by Kinect Australia, this is one of a series of state-wide physical activity promotion forums. This forum is delivered through the 'Go for your life' Physical Activity Information Centre. The 'Go for your life' Physical Activity Information Centre is supported by the Victorian Government through the 'Go for your life' initiative.

The forum will focus on national, state and local policies and strategies on healthy eating and physical activity. This forum aims to provide insight into the development and implementation of the strategies and policies, and discuss opportunities for engagement and implementation. A range of local government case studies will highlight examples of implementing strategies and policies at the community level.

A range of peak health organisations will provide resources and information.

## Registration:

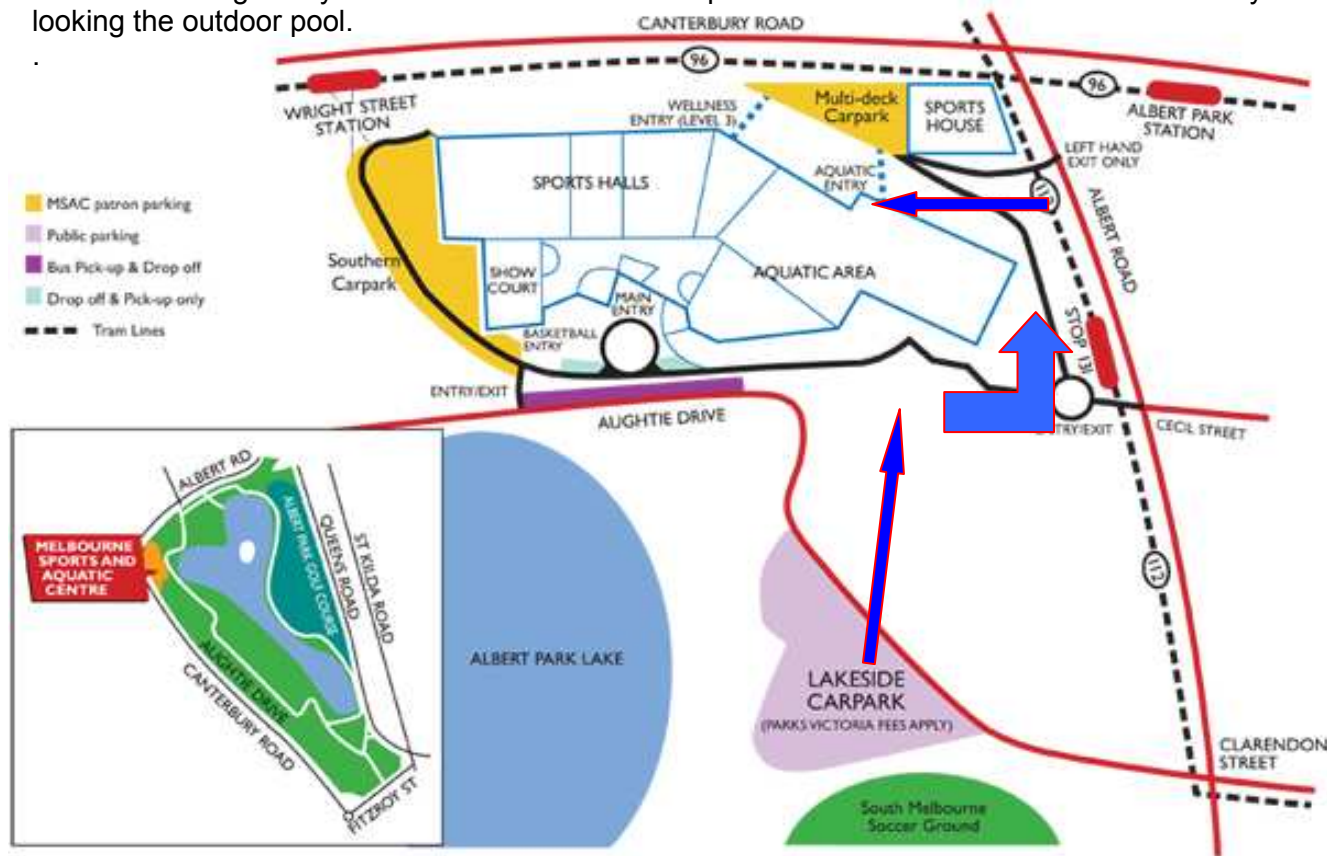
Please register by Tuesday 24 May by completing the form from:

[http://www.kinectaustralia.org.au/content/Public/InfoLine\\_InfoCentre/Forums/Upcoming\\_Forums.aspx](http://www.kinectaustralia.org.au/content/Public/InfoLine_InfoCentre/Forums/Upcoming_Forums.aspx)

**There is no cost to attend this event. Places are limited, early registration is encouraged.**

**Getting to the venue:** Take a short tram ride to MSAC from Spencer St Station on the 96 tram or the 112 tram from Collins St and get off at Albert Park Station.

**Follow the blue arrows.** Park in the Lakeside Car Park. Cross the road and walk around the outdoor pool fence, ensure the outdoor pool is always to your left. Continue following the fence and footpath until you reach the revolving doors on your left at the aquatic entry. Enter through these doors and on your immediate right walk up the set of stairs. Once up the set of stairs follow the foyer area to the right and continue walking until you reach the end. The Champions Room is located at the end of the foyer over looking the outdoor pool.



## Agenda

- 9.15am**                    **Registration**
- 9.45am**                    **Welcome/ Forum Facilitator**  
Martin Sheppard, Managing Director, Smart Connection Company,  
Member of the 'Go for your life' Information Centre Key Advisory Group
- 10.00am**                  **Opening**  
Todd Harper, CEO, VicHealth
- 10.15am**                  **State Perspective on Healthy Eating and Physical Activity**  
Professor Jim Hyde, Director Prevention and Population Health Branch,  
Department of Health
- 10.45am**                  **National Perspective on Physical Activity and Healthy Eating Policies and Strategies**  
Janet Quigley, Assistant Secretary, Healthy Living Branch Population Health  
Division, Department of Health and Ageing
- 11.15am**                  **Morning Tea**
- 11.40am**                  **Planning and Urban Design- Supporting Physical Activity**  
Peter Boyle, Team Leader Urban Design, Department of Planning and  
Community Development
- 12.00pm**                  **Integrated Transport in Victoria Progress and Direction**  
Fiona Calvert, Director Sustainable and Active Transport Policy, Department  
of Transport
- 12.20pm**                  **Victorian Aboriginal Nutrition and Physical Activity Strategy**  
Nicole Cassar, Manager, Health Programs, Victorian Aboriginal Community  
Controlled Health Organisation
- 12.40pm**                  **Lunch/ Movement to music**
- 1.30pm**                    **The Role of Local Government in Health Planning and Prevention**  
Clare Hargreaves, Manager - Social Policy, Municipal Association of Victoria
- 1.50pm**                    **Local Government Case studies**
- Elevating Health and Wellbeing within Local Government: A Case Study in Food Security**  
Georgie Hill, Coordinator, Safe Communities and Health Promotion,  
Maribyrnong City Council
- Integrating Physical Activity across Council at Latrobe City Council**  
Helen Taylor, Manager of Community Health and Wellbeing, Latrobe City  
Council
- Food Security and Sustainable Land Use Planning for Casey**  
Liam Hodgetts, Manager Strategic Development, City of Casey
- Integrated Transport in Darebin**  
Ben Grounds, Transport Strategy Coordinator, Darebin City Council
- 3.20pm**                    **Panel Discussion**  
**Wrap up- Close**